

# Updating and creating online tools and resources to improve health and wellbeing for adults on the autism spectrum

## Research Project Overview

<b>Project title:</b>	<b>Updating and creating online tools and resources to improve health and wellbeing for adults on the autism spectrum</b>
<b>Project duration:</b>	10 weeks
<b>Description:</b>	<p>In comparison to the general population, adults on the autism spectrum experience higher rates of a range of physical and mental health conditions. The health disparities become even greater when the adult on the spectrum has co-occurring intellectual disability. Many experience barriers to accessing healthcare resulting in unmet healthcare needs.</p> <p>To address this gap, the Health Hub (<a href="http://autismcrc.com.au/healthhub">autismcrc.com.au/healthhub</a>), a source of information, resources and tools for adults on the spectrum, their support people and health professionals, was developed. However, feedback from end-users of the website demonstrates there are areas that are inaccessible.</p> <p>This is a translation project. Students will focus on applying the website design recommendations to existing resources and tools, and developing new resources and tools based on completed research projects. They will also engage with an advisory group of adults on the spectrum who will provide input and guidance throughout the project.</p> <p>This project is part of Program three (3) of the Cooperative Research Centre for Living with Autism (Autism CRC). The Autism CRC is the world's first national, cooperative research effort focused on autism. Taking a whole of life approach to autism focusing on diagnosis, education and adult life, Autism CRC researchers are working with end-users to provide evidence-based outcomes which can be translated into practical solutions for governments, service providers, education and health professionals, families and people with autism.</p>
<b>Expected outcomes and deliverables:</b>	Students will be able to develop literature review skills, gain experience working with a consumer engagement group and explore creative strategies. Students will revise and/or produce up to 10 online health information resources or tools (e.g. static webpages, pamphlets, and video) for adults on the spectrum, their support people and health professionals.
<b>Suitable for:</b>	<p>This project is open to applications from students with an interest in autism, disability or health.</p> <p>Clear written communication is essential.</p> <p>Experience working with people on the autism spectrum preferred but not essential.</p>
<b>Primary Supervisor:</b>	Katie Brooker
<b>Further info:</b>	<p>Please contact Katie if you would like to know more about this project before applying.</p> <p><b>Telephone:</b> 3163 1983</p> <p><b>Email:</b> <a href="mailto:k.brooker1@uq.edu.au">k.brooker1@uq.edu.au</a></p>